PUBLIC HEALTH: THE NEED FOR MODERNIZATION IN PATIENT MANAGEMENT AND PRIMARY CARE

AUTOR: CARLOS ALBERTO ALONSO MERA

As we know, Queretaro's public health system is not the best of all, four years after the covid-19 pandemic, our system continues to suffer in certain aspects such as primary care, shortages of supplies and the infrastructure that it cannot sustain the population that uses our service, this has been demonstrated in different data and analysis of public hospitals, and in various rotations and guards, I can corroborate that the lack of all of the above greatly affects the influx of patients and slows down the hospital process.

SESEQ had a budget increase, it was seen that according to the Specific Evaluation of the Performance of the Contribution Fund for Health Services, the population served decreased by 53%, we who are part of the health body, see how this is reflected day by day in addition to being complemented by the lack of supplies to treat different diseases in addition to cures or rehabilitation, it is well known that about 40% of medications are needed state level, in addition to the fact that many small health centers are in poor condition and are deficient, in my stay during the new general hospital of Queretaro, ISSSTE and Hospital, I was able to observe how, in addition to the lack of resources mentioned above, the infrastructure is deficient, since in many cases the imaging and study system is not available, making work is slow and difficult at any level.

Complementing my point from before, we can see that a lot of medical material and equipment is broken, with no near date for it to be repaired, this reduces the places for patients and generates the need to work with what we have and improvise in some cases, an example is that in pediatric intensive care we see many broken heat beds and insufficient material.

Concluding this, Mexico and Queretaro must understand the great need to innovate and improve structurally in addition to prioritizing the optimization of their support technologies and try to resume that promotion of health, primary care and treatments that previously highlighted the nation, an example of this the old recognition that we had for vaccination management and how it was carried out, we must generate this change as the new health personnel who will enter in the coming years, making care of our patients a priority, achieving good quality standards and that they carry to the public sector what our people deserve.

REFERENCIAS

1. Marín K. La salud en el olvido: Querétaro vive situación crítica a 4 años del COVID-19. Tribuna De Querétaro [Internet]. 2024 Mar 19 [cited 2025 Feb 1]. Available from: https://tribunadequeretaro.com/informacion/la-salud-en-el-olvido-queretaro-vive-situacion-critica-a-4-anos-del-covid-19/
2. Querétaro R. Mal servicio de salud en Querétaro. El Universal Querétaro [Internet]. 2016 Mar 20 [cited 2025 Feb 1]. Available from: https://www.eluniversalqueretaro.mx/opinion/mal-servicio-de-salud-en-queretaro/
3. Instituto Nacional de Estadística y Geografía (INEGI). Encuesta Nacional de Calidad e Impacto Gubernamental (ENCIG) [Internet]. 2019 [cited 2025 Feb 1]. Available from: https://www.inegi.org.mx/contenidos/programas/encig/2019/doc/22_queretaro.pdf
4. Gobierno de México. 055 Nuevo Hospital General de Querétaro garantiza derecho a la salud para los más humildes, afirma presidente [Internet]. [cited 2025 Feb 1]. Available from: https://www.gob.mx/insabi/prensa/055-nuevo-hospital-general-de-queretaro-garantiza-derecho-a-la-salud-para-los-mas-humildes-afirma-presidente?idiom=es
5. De Salud Para El Bienestar I. Nuevo Hospital General de Querétaro [Internet]. [cited 2025 Feb 1]. Available from: https://www.gob.mx/cms/uploads/attachment/file/31506/Queretaro_1_.pdf